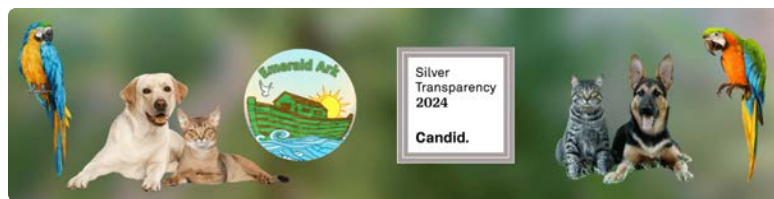


Emerald Ark

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Holistic Prevention Made Simple: What Every Pet Parent Should Know

Published 6 months ago • 3 min read



Emerald Ark Monthly Newsletter — September Edition

September is all about **prevention and education** at Emerald Ark! 🐾

At Emerald Ark, we believe that **true health starts with prevention**. This month, we're focusing on ways to keep your pets thriving by supporting their natural immune systems — long before illness has a chance to take hold.

Preventive care isn't just about avoiding disease; it's about creating balance in the body so healing and resilience can flourish.

Supporting Our Pets Through Sickness Naturally

When our pets aren't feeling their best, it can be stressful for the whole family. At Emerald Ark, we believe that the key to recovery lies in supporting the body's natural ability to heal.

One of the most powerful ways to help is by focusing on **therapeutic nutrition**. Feeding species-appropriate, whole foods gives your pet the building blocks they need to repair tissues,

strengthen their immune system, and restore balance. Adding simple, nourishing foods like bone broth, lightly cooked vegetables, and omega-rich proteins can make a big difference in recovery time.

Gentle, holistic therapies can also play a huge role in helping pets bounce back. **Massage, chiropractic adjustments, acupuncture, and even laser therapy** can ease pain, improve circulation, and reduce inflammation. Supporting your pet's emotional well-being is just as important — spending quiet time together, speaking calmly, and offering lots of affection helps them feel secure while they heal.

Remember: prevention starts at home. Clean, filtered water, fresh air, and a stress-free environment go a long way toward keeping pets healthy and resilient.

While every pet's health plan should be personalized and guided by a trusted holistic veterinarian, exploring these natural options can be empowering for pet parents who value a gentle, whole-body approach to care to help your animals stay strong and healthy.

 **Your Turn:**

What's your favorite holistic care tip? 

Reply to this email or tag us on social — we'd love to share your wisdom with our community!



Leslie — Healing Through Nutrition

This month, we're shining the spotlight on **Leslie**, the heart and visionary behind Emerald Ark. ❤️

Leslie is more than our founder — she is a true **animal healer**. Through years of experience and a deep passion for holistic care, she has helped countless animals recover and thrive by using **therapeutic nutrition** as the foundation for healing.


Whether it's carefully formulating meals for special-needs animals like Oreo, or teaching pet parents how to support their pets' immune

systems naturally, Leslie's work is transforming lives — one animal at a time.


Her commitment to whole-body healing goes beyond food: she collaborates with veterinarians, holistic practitioners, and caregivers to ensure each animal receives the **physical, emotional, and nutritional support** they need to flourish.

Want the same healing support for your pet?


Leslie offers **personalized food plan consultations** for cats, dogs, and parrots to help your beloved companion thrive.

 **Reach out to Leslie at lesliebbfe@gmail.com to schedule your consultation today!**

Do you share Leslie's passion for education and holistic care?

 **Join us as a volunteer locally or virtual!** Together, we can teach, heal, and create a world where every animal has a chance to thrive.

This Month's Pet Holidays

- > **All September:** Happy Cat Month  — celebrate by sharing your favorite cat

photos!

Emerald Ark Shopping Bags



At Emerald Ark, we believe that caring for our furry & feathered friends and caring for the Earth go hand in hand. From sourcing organic, sustainable ingredients for our dog, cat and parrots foods and treats to supporting regenerative farming and eco-conscious rescue practices—we're committed to healing both animals *and* the planet. We still have our brand new **Emerald Ark shopping bag**—a reusable,

eco-conscious way to show your support for compassionate rescue and sustainable living.

Get Yours with a \$25 Donation (+\$5 shipping)!

Carry your love for our mission wherever you go —while helping us continue this vital work.

To request your bag, email
Leslie@EmeraldArk.org.

Thank you for being part of our compassionate community. Together, we are not only preparing for emergencies—we are building a future where every animal has safety, healing, and love.

Want to Volunteer with Us?

Do you love animals, holistic health, and helping grassroots nonprofits grow? We'd love to hear from you! Whether you're local or live miles away, we welcome your talents.

Reply to this email to learn more about volunteering opportunities.

Thank you for being a part of our community, and for helping Emerald Ark take flight—one paw, wing, or tail at a time.

With love and light,

The Emerald Ark Team

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