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Emerald Ark

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Spring Prep: And Why It Matters More Than Ever

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Humming bird nest in our big Silver Maple tree out front.

Spring Prep: And Why It Matters More Than Ever



*At Emerald Ark we feed the wild birds
when snow covers their native food
supplies*

As winter begins to loosen its grip and the first signs of spring appear, we are reminded that this season is about renewal. Growth. Fresh starts. For those of us who care for animals with special needs, spring preparation is not just about cleaning and organizing. It is about readiness, resilience, and responsibility.

This year, spring prep matters more than ever.

Seasonal Health Check Reminders

Changes in weather can impact mobility, inflammation, hydration, and energy levels. As temperatures shift, it is important to reassess your animal's comfort and routine.

Now is the perfect time to:

- Review medications and supplement supplies
- Check expiration dates
- Schedule wellness visits
- Evaluate mobility supports such as slings, braces, or bedding

- Deep clean resting areas to reduce allergens and bacteria

For animals recovering from injury or managing chronic conditions, even small seasonal adjustments can make a significant difference in comfort and healing.



Oreo's healing process is presently stalled because we need the funds to begin her electro-acupuncture. In these two photos you can see her spine protruding because of her muscles being atrophied in this area.

DONATE TO HELP OREO NOW

Can't Donate? You Can Still Help!

Your voice is powerful.

Share Oreo's story

- **Tag** three friends who love animals
- **Comment** on our posts to boost visibility

- **Forward** this newsletter to someone who might want to help

Every action helps her heal.

Home Organization for Safer Mobility

Spring is also an opportunity to create safer, more supportive spaces. Rearranging furniture to allow easier navigation, adding non slip surfaces, and ensuring frequently used items are within reach can reduce strain and stress.

For animals regaining strength or sensation, stability matters. Predictable environments reduce anxiety and lower the risk of setbacks.

We are seeing this firsthand with Oreo.

Oreo's Next Step in Healing

Oreo continues to work hard in her recovery. With each week, we see signs of progress. She is stronger. She is more aware. She is feeling more.

Two of Oreo's essential supplements have now reached the final donation these companies are able to provide, and we will need to begin purchasing them directly to keep her progress moving forward.



The first is Myos, which helps rebuild her atrophied muscles. This supplement plays a critical role in restoring strength and mobility. A three month supply costs approximately \$45.



The second is Jing Tang Concentrated Body Sore, which supports muscle pain and works alongside her prescribed gabapentin to manage nerve discomfort. This supplement runs about \$90 with shipping and lasts approximately three months.

As Oreo regains sensation and strength, we are noticing something tender and hopeful. When it is close to time for her medication and we gently place the sling under her abdomen to help her outside, she sometimes turns quickly toward our hand. It is as if she is saying, “Please be careful. I can feel more now.”

Healing can be delicate. Feeling more is both progress and vulnerability.

These two supplements are truly must haves for Oreo’s continued recovery. If you feel led to help us cover the cost of maintaining them, your support would directly impact her comfort, strength, and quality of life.

[DONATE TO HELP OREO NOW](#)

**Why Spring Prep Matters
More Than Ever**

Every season brings change. For rescue animals and those with medical needs, preparation is protection. When we plan ahead, stock essential supplies, and create supportive environments, we prevent crises before they happen.

At Emerald Ark, we are committed to proactive care. Spring is our reminder that growth does not happen by accident. It happens with intention, compassion, and community.

Thank you for standing with us. Thank you for caring deeply. And thank you for being part of the work that makes healing possible.

With gratitude,

The Emerald Ark Team

Want to Volunteer with Us?

Do you love animals, holistic health, and helping grassroots nonprofits grow? We'd love to hear from you! Whether you're local or live miles away, we welcome your talents.

Reply to this email to learn more about volunteering opportunities.

Thank you for being a part of our community, and for helping Emerald Ark take flight—one paw, wing, or tail at a time.

With love and light,

The Emerald Ark Team

Please share this newsletter with all of you animal loving friends. If this newsletter was forwarded to you by a friend, please sign up to it [HERE](#).

Thank you for being part of our mission to
***“Become a Part of Something Greater
than Yourself!”***

Explore our [website](#) to learn more about our programs and services. Together, we can make a difference—one animal, one community, and one garden at a time.

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